

dexcomG6

Getting Started: Dexcom G6 Receiver

This is abbreviated instruction. For detailed, step-by-step instructions on how to use the Dexcom G6 Continuous Glucose Monitoring System, refer to your Instructions For Use.

Welcome!

Today we will cover:

- Setting expectations
- Setting up your receiver
- Inserting your sensor and attach your transmitter
- Starting your sensor and completing your 2-hour warmup
- What you will see on your receiver
- Removing your sensor and transmitter
- Treatment decisions

Value of Dexcom G6

- Real time glucose readings every 5 minutes
- 10-day sensor wear
- Take action to help avoid high or low glucose values
- No fingersticks needed to make diabetes treatment decisions*
- Helps you identify trends and patterns

* If your glucose alerts and readings from the G6 do not match symptoms or expectations or you're taking over the recommended maximum dosage amount of 1000mg of acetaminophen every 6 hours, use a blood glucose meter to make diabetes treatment decisions.



Setting Expectations

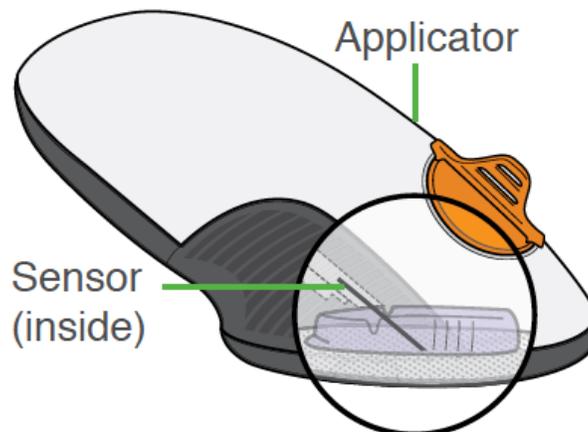
- Two different types of body fluids: interstitial fluid (Dexcom G6) and blood (meter)
- Readings can be different and still be considered accurate



System Overview



Receiver
Shows glucose information



Applicator with Sensor
Sensor applicator inserts sensor under your skin

Sensor gets glucose information

Wear for 10 days

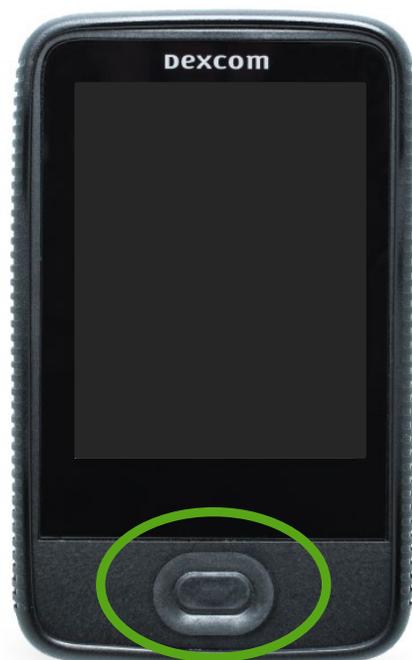


Transmitter
Sends glucose information from sensor to receiver

Use for 3 months

Receiver Setup: Turn Receiver On

Press and hold the power button for two seconds to turn the receiver on. Wait 15 seconds for the loading screen to display. After that the welcome screen will display.



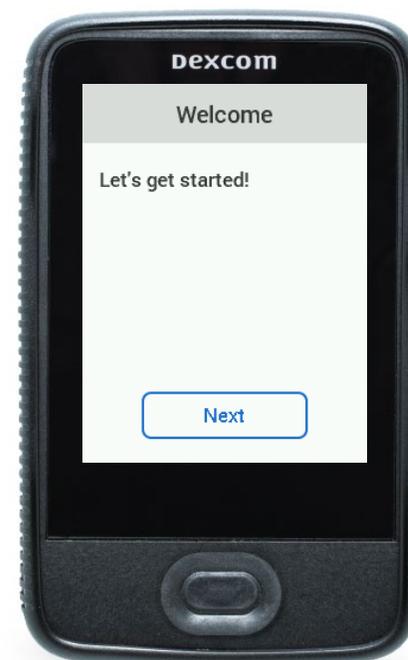
Power Button

Press and hold: 2 seconds



Loading Screen

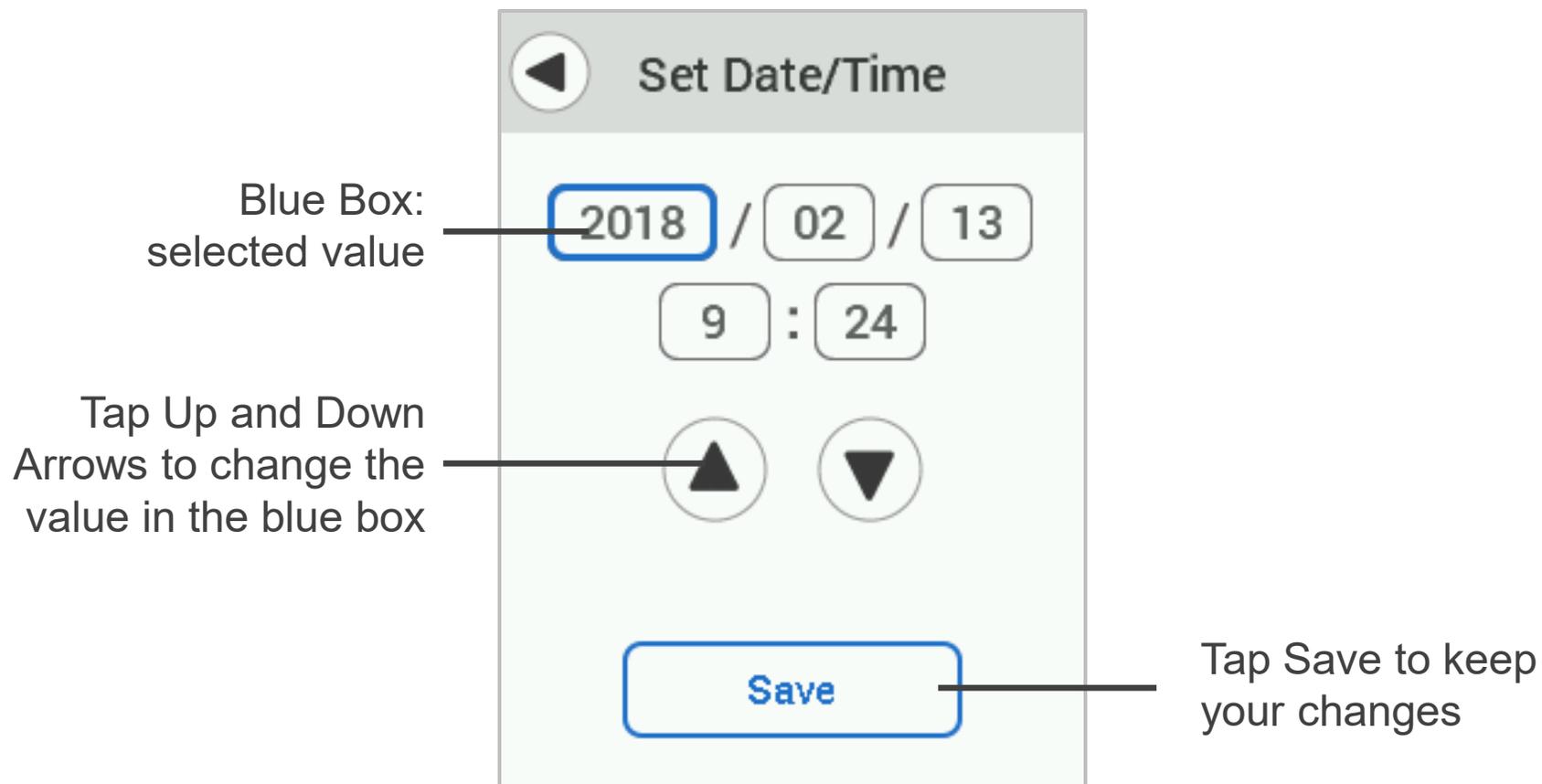
Wait 15 seconds for screen to display



Tap Next

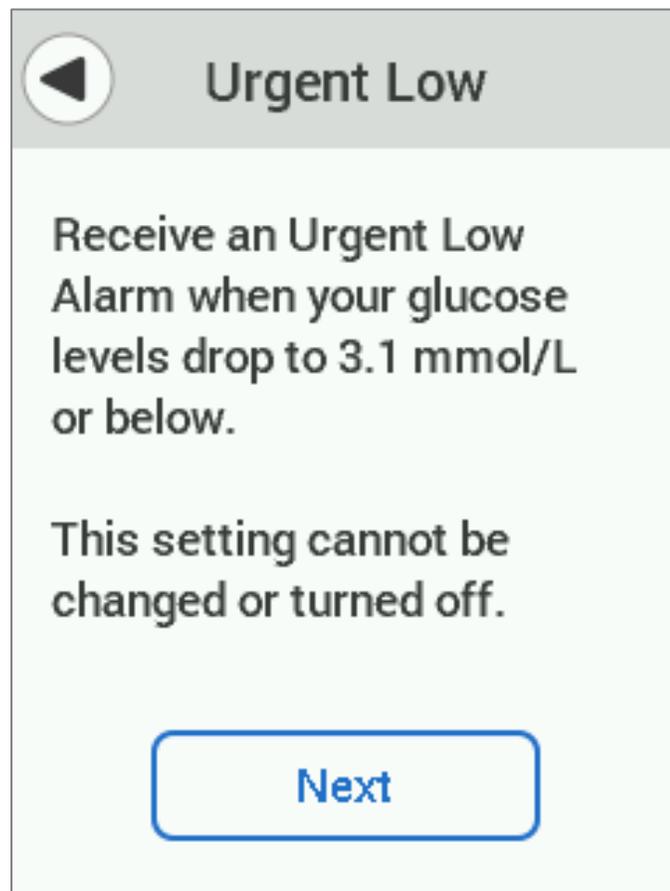
Receiver Setup: Set Date and Time

When prompted, enter the date and time:



Receiver Setup: Review Alarm and Alerts

The receiver provides informational screens about Alarm and Alerts.

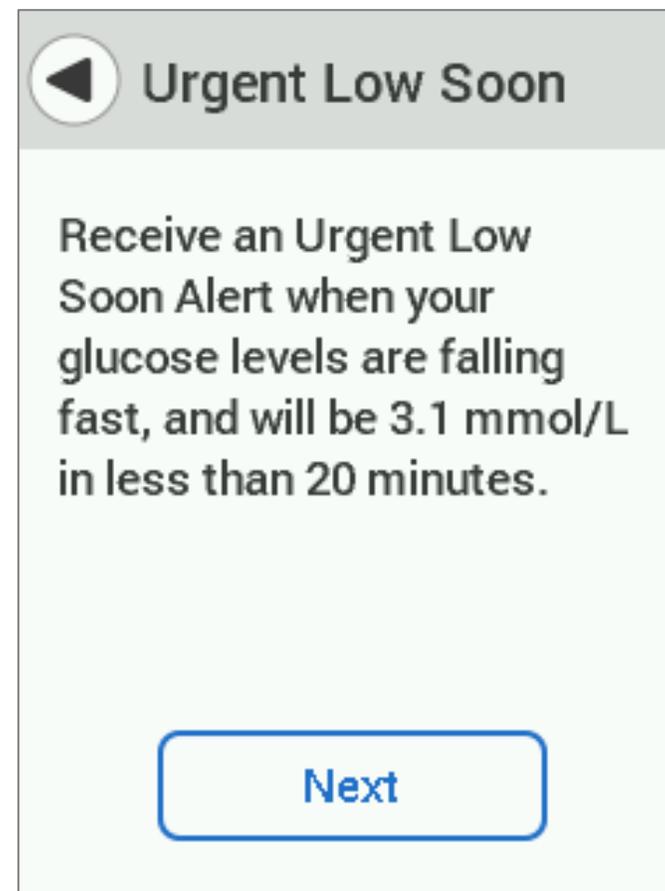


Urgent Low

Receive an Urgent Low Alarm when your glucose levels drop to 3.1 mmol/L or below.

This setting cannot be changed or turned off.

Next



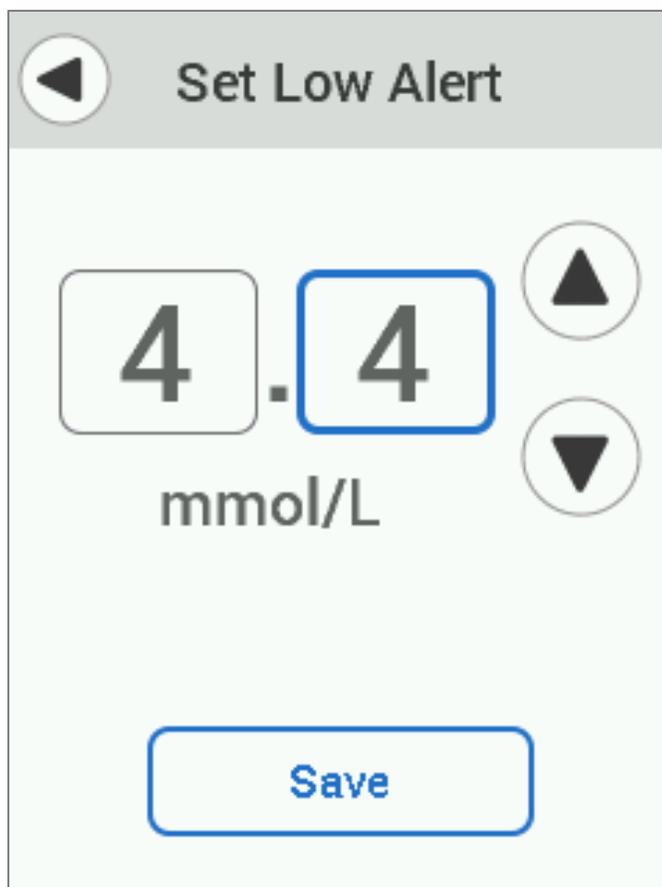
Urgent Low Soon

Receive an Urgent Low Soon Alert when your glucose levels are falling fast, and will be 3.1 mmol/L in less than 20 minutes.

Next

Receiver Setup: Set Low and High Alert

When prompted, enter your low and high alert settings:



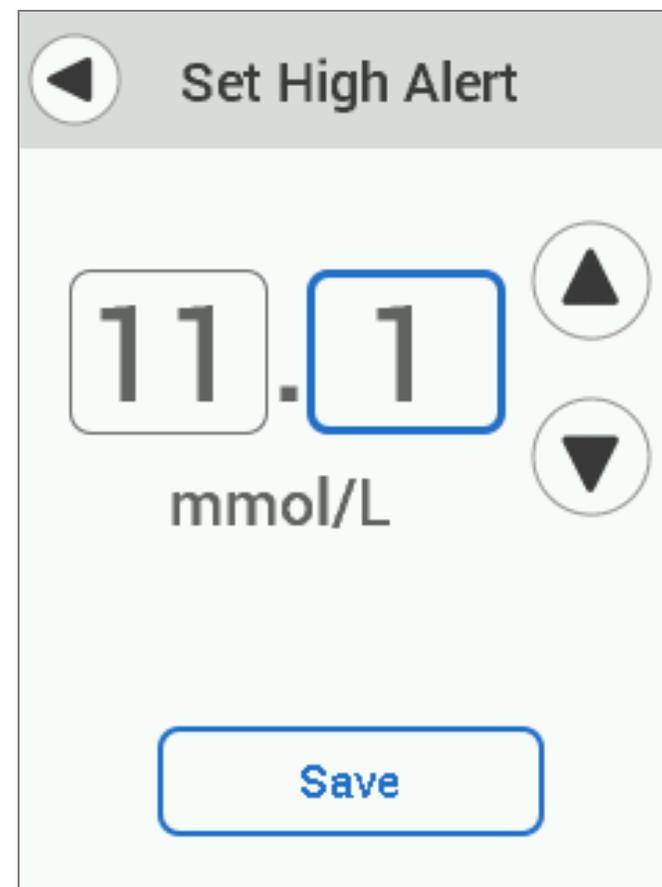
Set Low Alert

4 . 4

mmol/L

Save

The screen shows a numeric keypad with the digits '4' and '4' entered, separated by a decimal point. The second '4' is highlighted with a blue border. To the right of the keypad are two circular buttons with upward and downward arrows. A blue 'Save' button is at the bottom.



Set High Alert

11 . 1

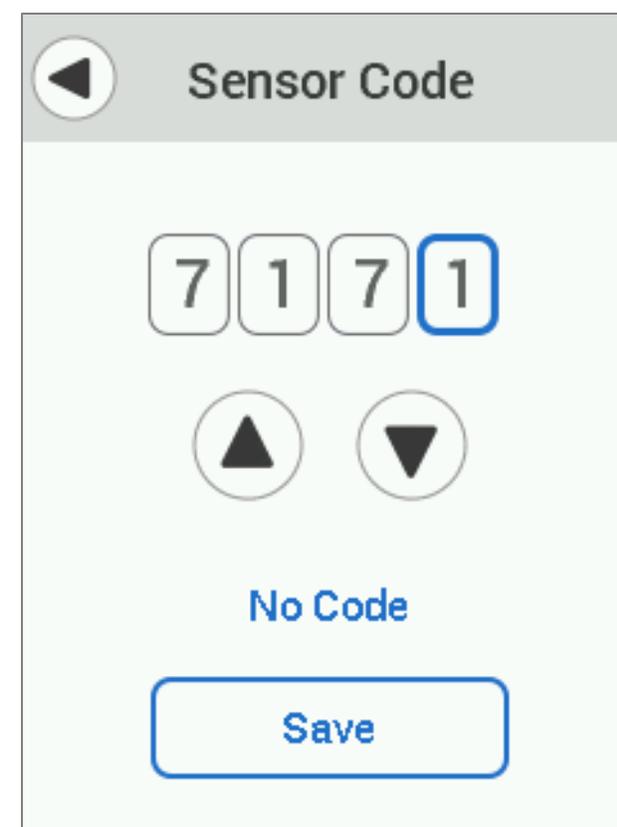
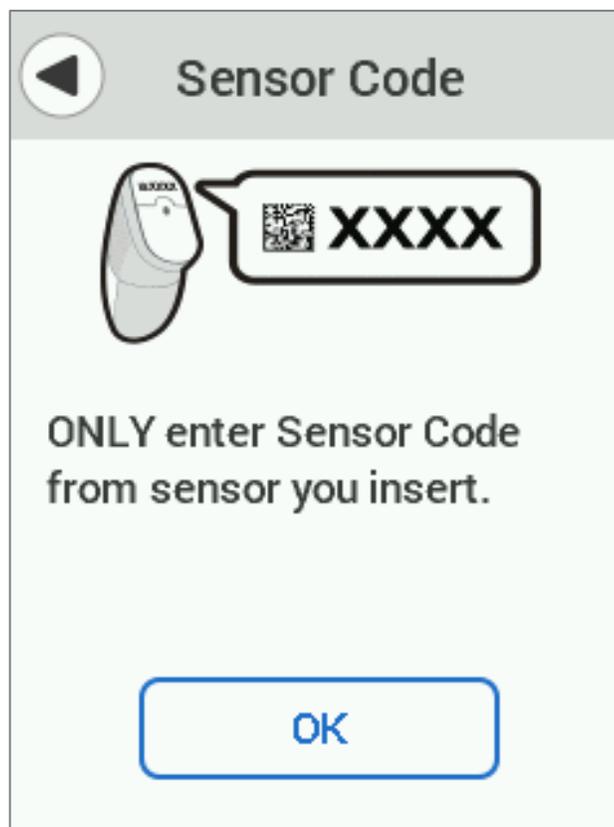
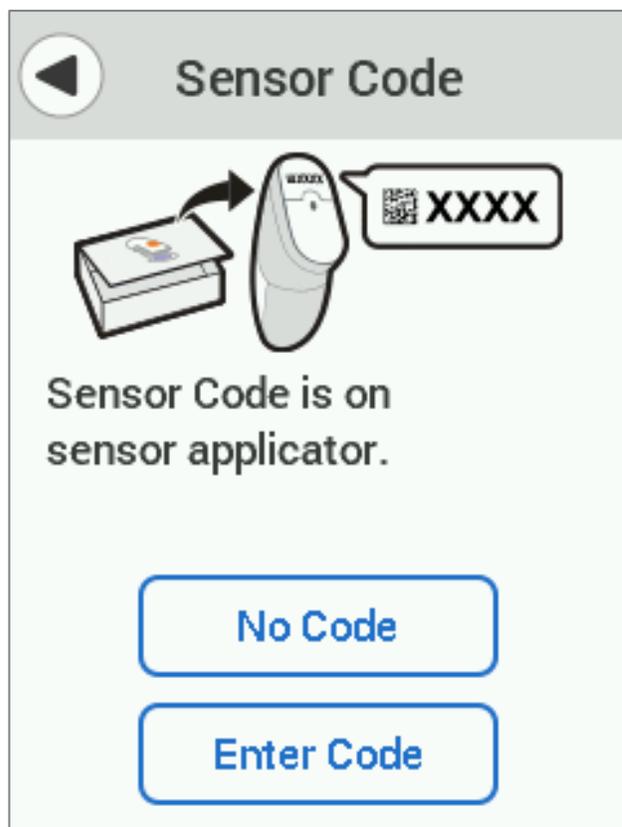
mmol/L

Save

The screen shows a numeric keypad with the digits '11' and '1' entered, separated by a decimal point. The '1' is highlighted with a blue border. To the right of the keypad are two circular buttons with upward and downward arrows. A blue 'Save' button is at the bottom.

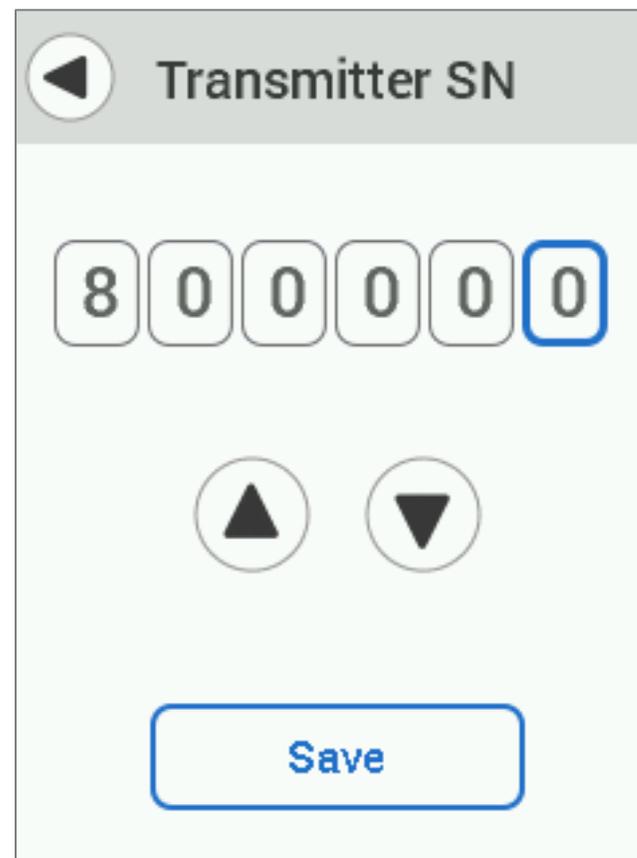
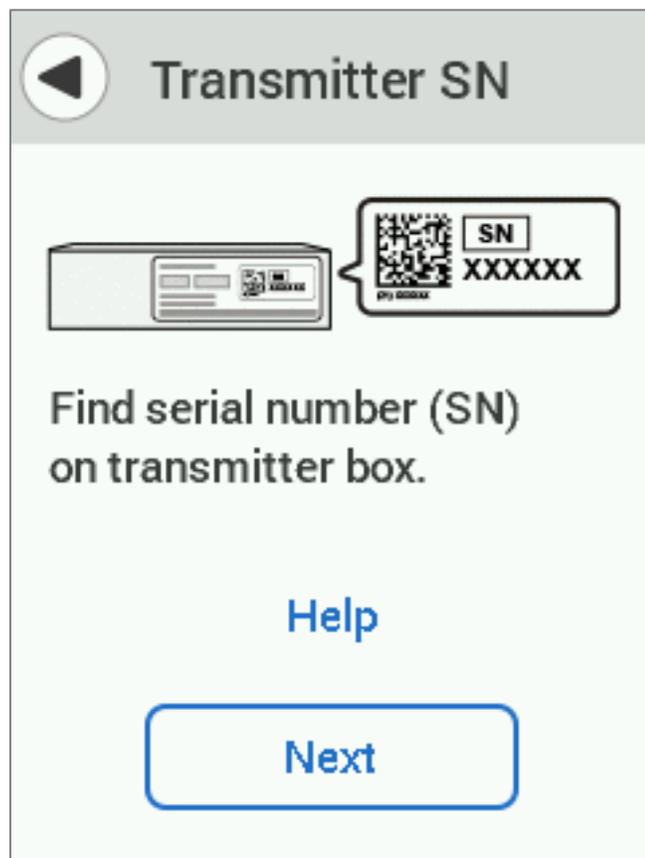
Receiver Setup: Enter Sensor Code

When prompted, enter your sensor code:



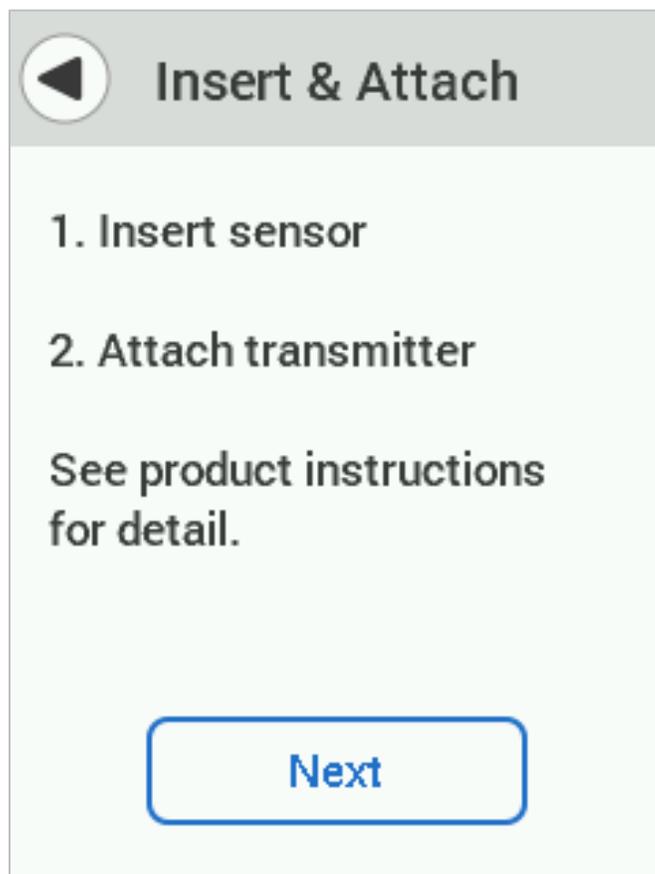
Receiver Setup: Enter Transmitter SN

When prompted, enter your transmitter serial number (SN):



Insert Sensor and Attach Transmitter

When prompted, insert your sensor and attach your transmitter:

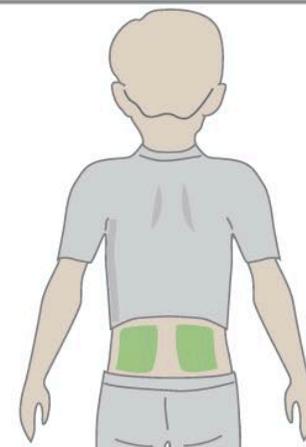
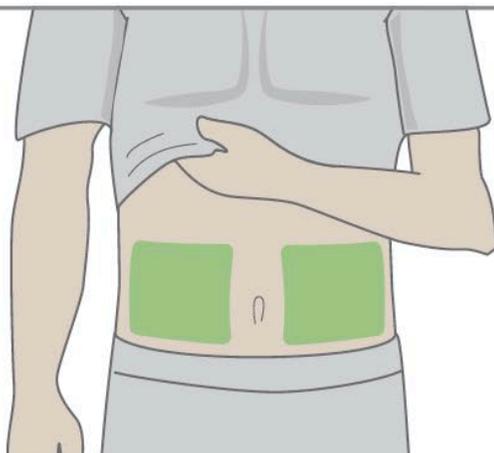
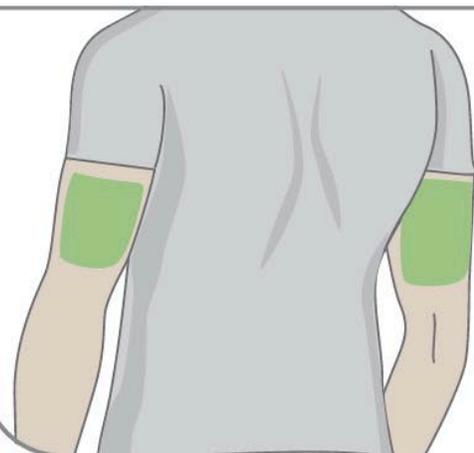


Tips for Inserting the Sensor

2 years and older

OR

2-17 years only



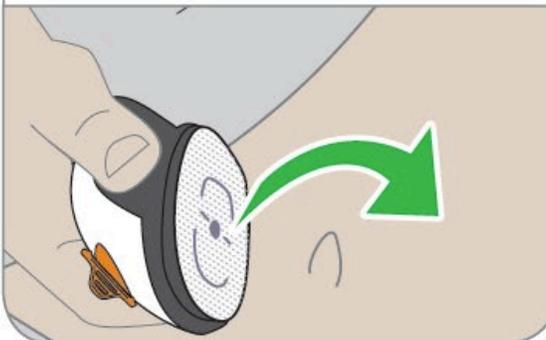
Avoid scars, hair, tattoos, irritation, boney areas, areas where the sensor can be rubbed (waist band, seat belt), and at least 7.5 cm from insulin injection sites. Wash hands and clean insertion site with alcohol.

Inserting the Sensor

1 Remove both labels



2 Move applicator to sensor site



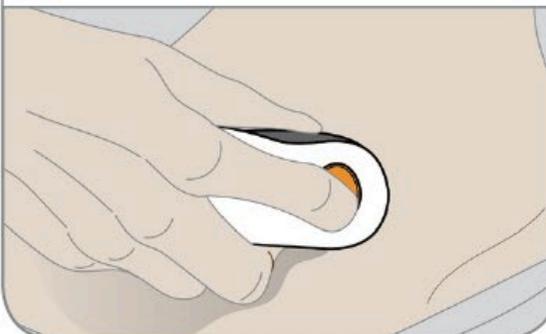
3 Place adhesive on skin



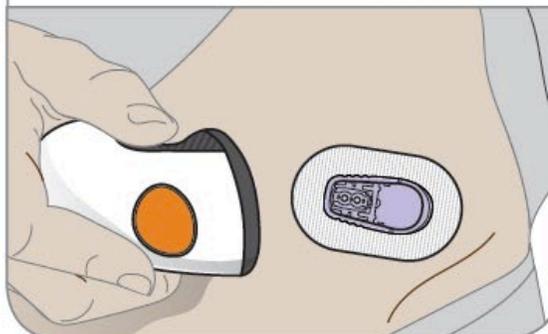
4 Fold and break off safety guard



5 Press button to insert

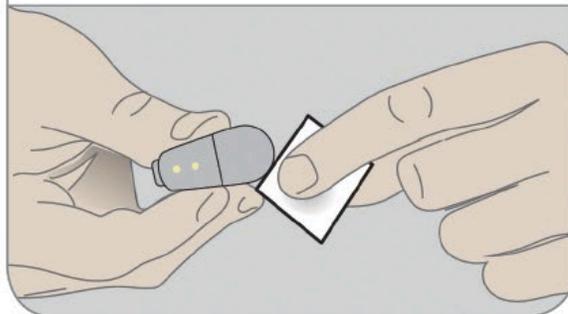


6 Discard applicator

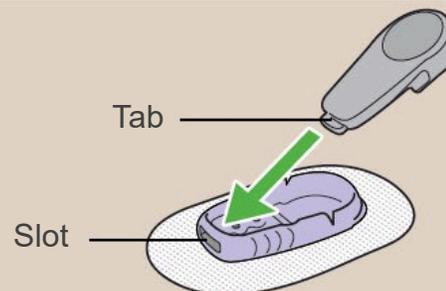


Attaching the Transmitter

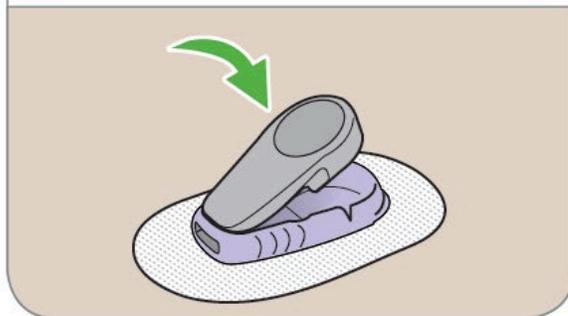
1 Clean transmitter with alcohol



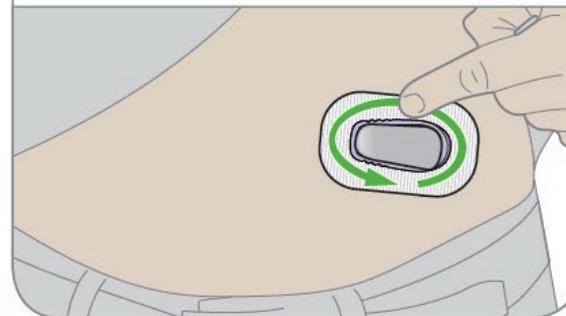
2 Insert transmitter tab into slot



3 Snap transmitter firmly into place



4 Rub around patch 3 times



Pairing

 **Insert & Attach**

Completed inserting sensor into your body and attaching transmitter?

No

Yes

 **Pairing**

Please wait, transmitter and receiver pairing...

May take 30 minutes.
Keep receiver within 20 feet of transmitter.

Transmitter

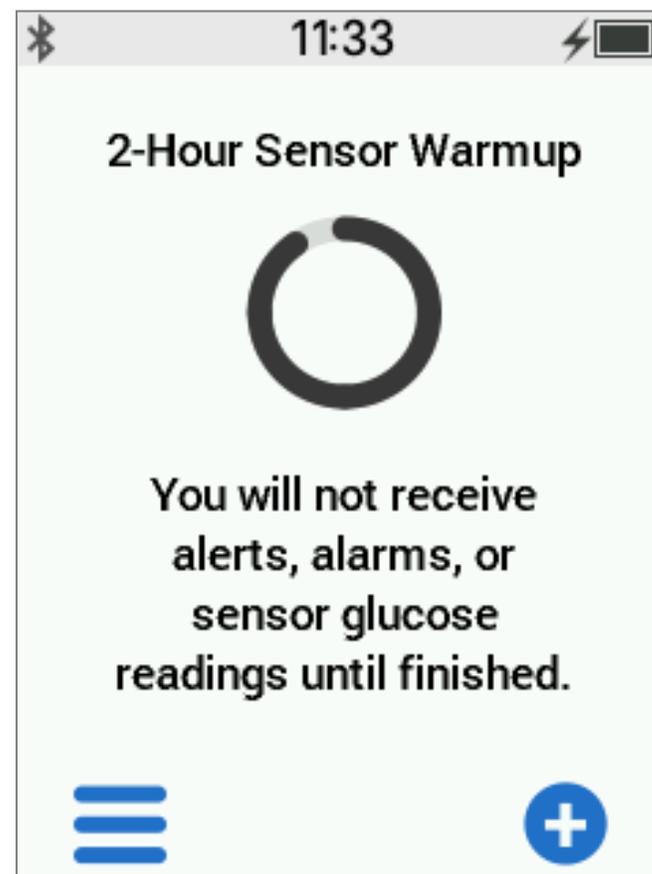
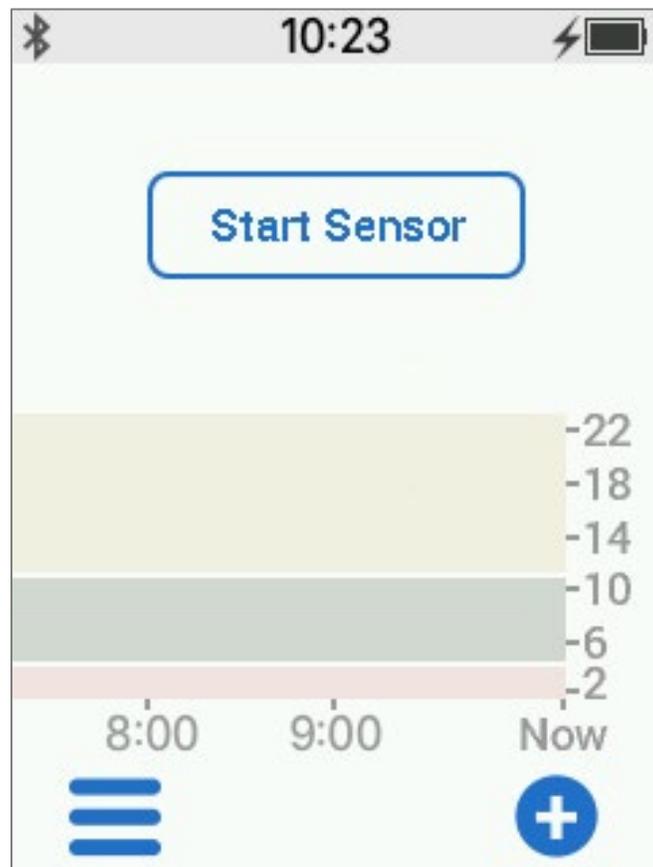


Pair Successful

Next

Start Sensor

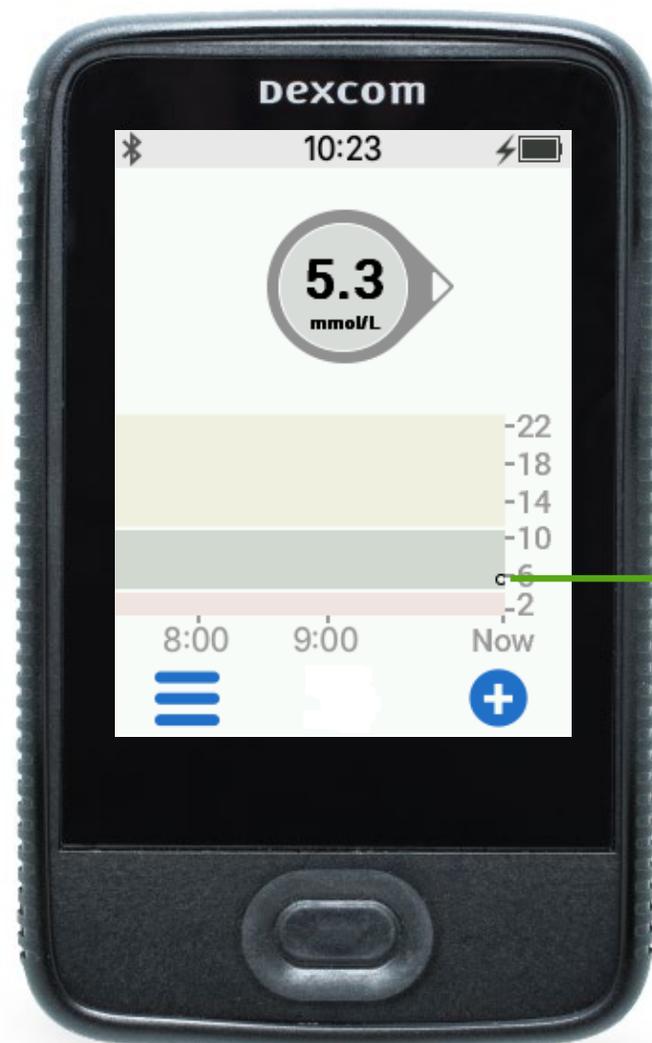
Once communication is confirmed, the sensor can be started.



Beginning of Trend Graph

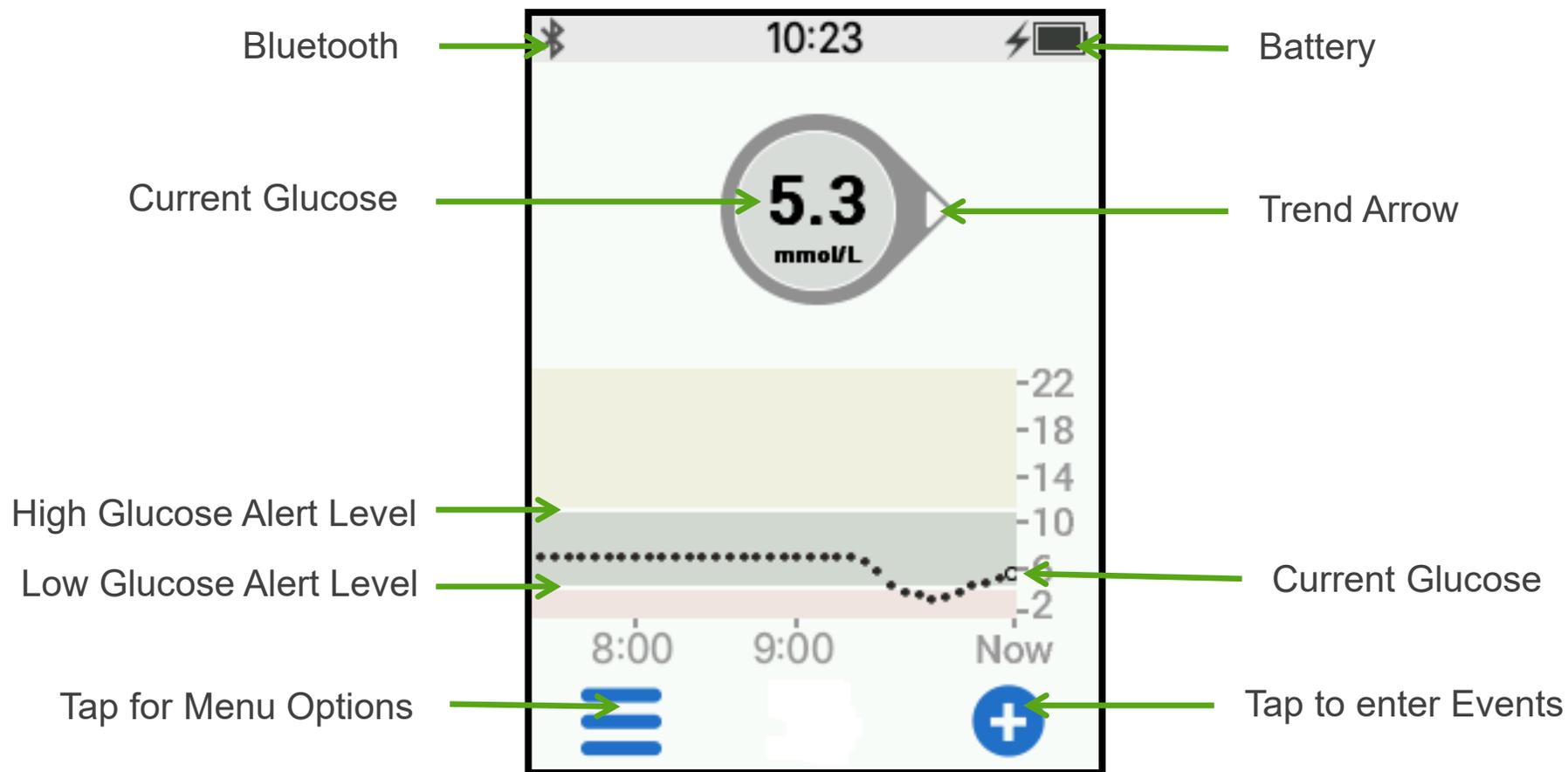
After the 2-hour your first reading will appear

The receiver must be within 20 feet of the transmitter to receive glucose information

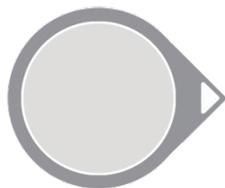


First
Reading

Viewing the Receiver Trend Screen



Trend Arrows



Constant

Changing less than 0.06 mmol/L per minute or up to 0.8 mmol/L in 15 minutes



Slowly Rising

Rising 0.06-0.1 mmol/L each minute or up to 1.7 mmol/L in 15 minutes



Rising

Rising 0.1-0.2 mmol/L each minute or up to 2.5 mmol/L in 15 minutes



Rapidly Rising

Rising more than 0.2 mmol/L each minute or more than 2.5 mmol/L in 15 minutes



Slowly Falling

Falling 0.06-0.1 mmol/L each minute or up to 1.7 mmol/L in 15 minutes



Falling

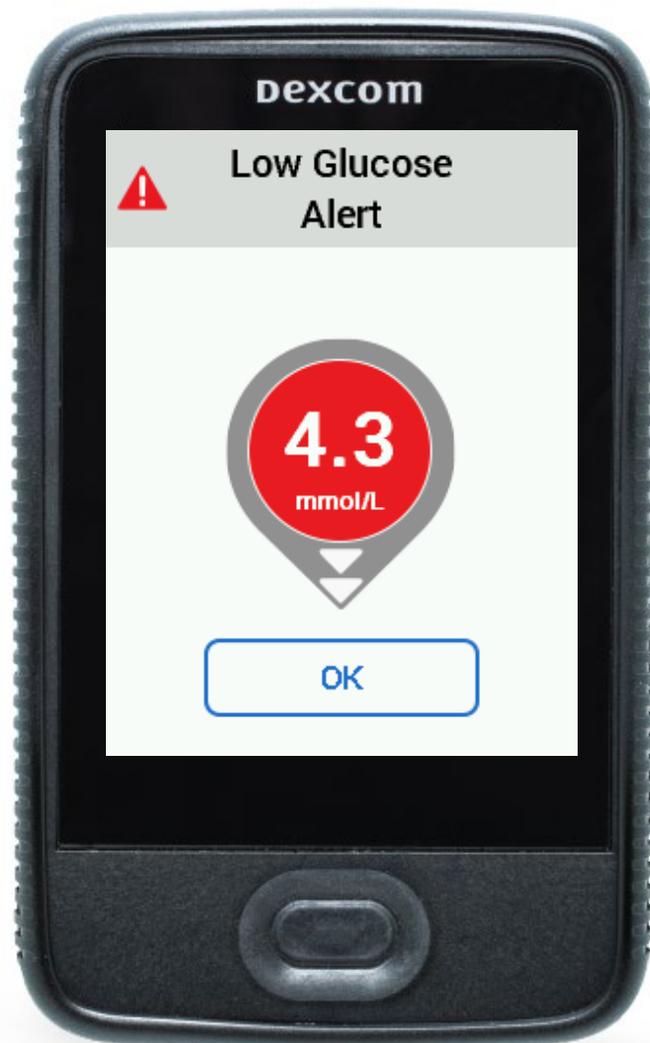
Falling 0.1-0.2 mmol/L each minute or up to 2.5 mmol/L in 15 minutes



Rapidly Falling

Falling more than 0.2 mmol/L each minute or more than 2.5 mmol/L in 15 minutes

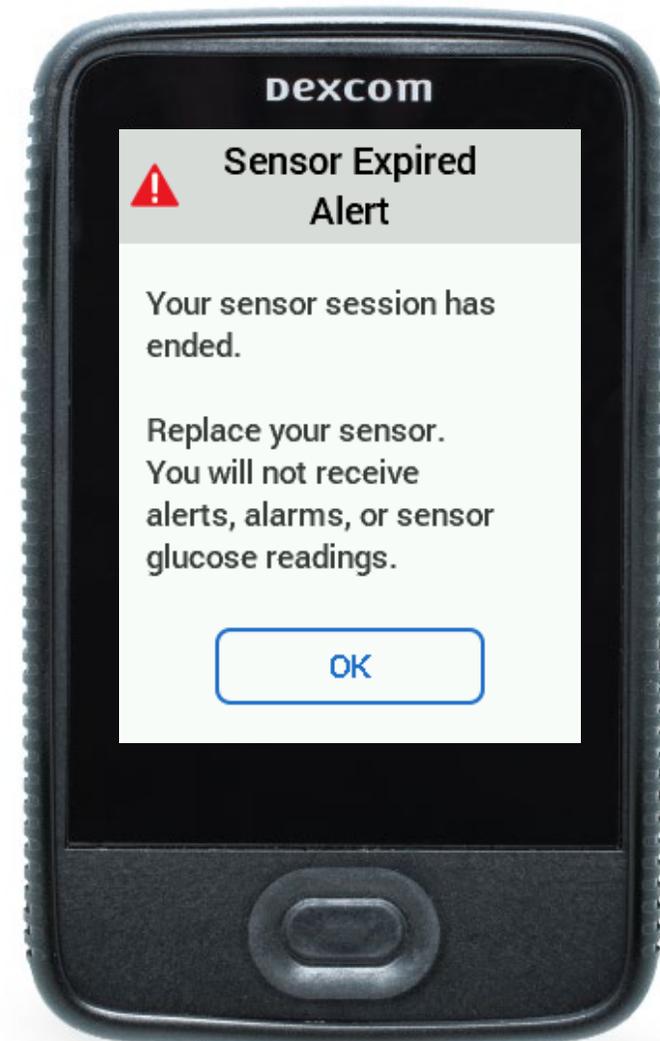
Low and High Glucose Alerts



Ending Sensor Session

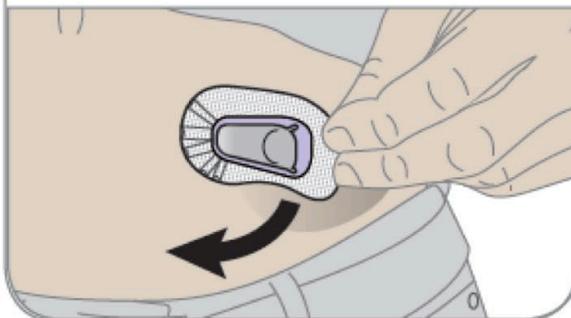
Your sensor automatically shuts off after 10 days

Your receiver will alert you at 6 hours, 2 hours and 30 minutes before this happens

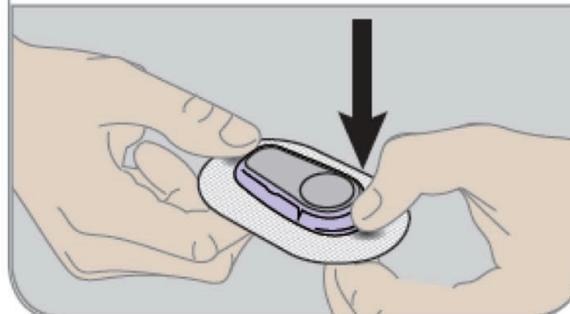


Removing Sensor and Transmitter

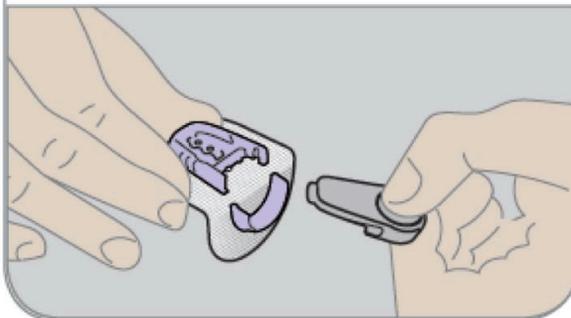
- 1** Peel the patch off like a bandage



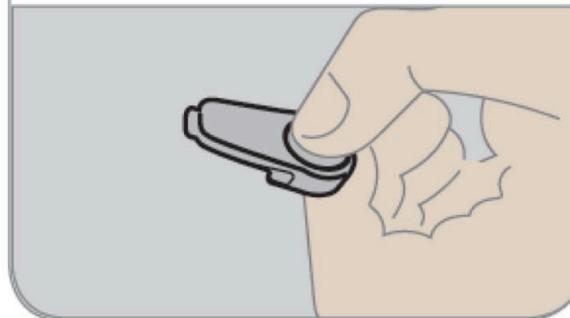
- 2** Bend and break the lip to release the transmitter



- 3** Slide transmitter straight out of transmitter holder



- 4** Keep transmitter for next sensor session



Diabetes Treatment Decisions



No number or arrow?
Use your meter.



Symptoms don't match readings?
Use your meter.

Dexcom CLARITY



Log in at clarity.dexcom.eu

Use your current Dexcom login or,
if needed, create an account

Free to use

Security and Travel



Use walk-in metal detectors
or be hand-wanded



Don't use full body
scanners



Don't put components
through baggage
x-ray machines

Ages and Pregnancy

The Dexcom G6 is indicated for persons age 2 years and older, including pregnant women.



Contraindications - MRI/CT/ Diathermy

Sensor and transmitter must be removed before:



Magnetic Resonance
Imaging (MRI)



Computed Tomography
(CT) scan



High-frequency
electrical heat
(diathermy) treatment

Sunscreen and Insect Repellent

Some skin care products, such as sunscreens and insect repellents, can make the plastic used in Dexcom G6 crack. After using skin care products, wash hands before touching the G6. If any skin care products get on your Dexcom G6, immediately wipe with a clean cloth.



