

MUM'S THE WORD...

NHS England¹ now **offers CGM** - like the Dexcom G6 Continuous Glucose Monitoring (CGM) System - to **pregnant women with type 1 diabetes** (T1D), helping to improve neonatal outcomes for families like Olivia's.²

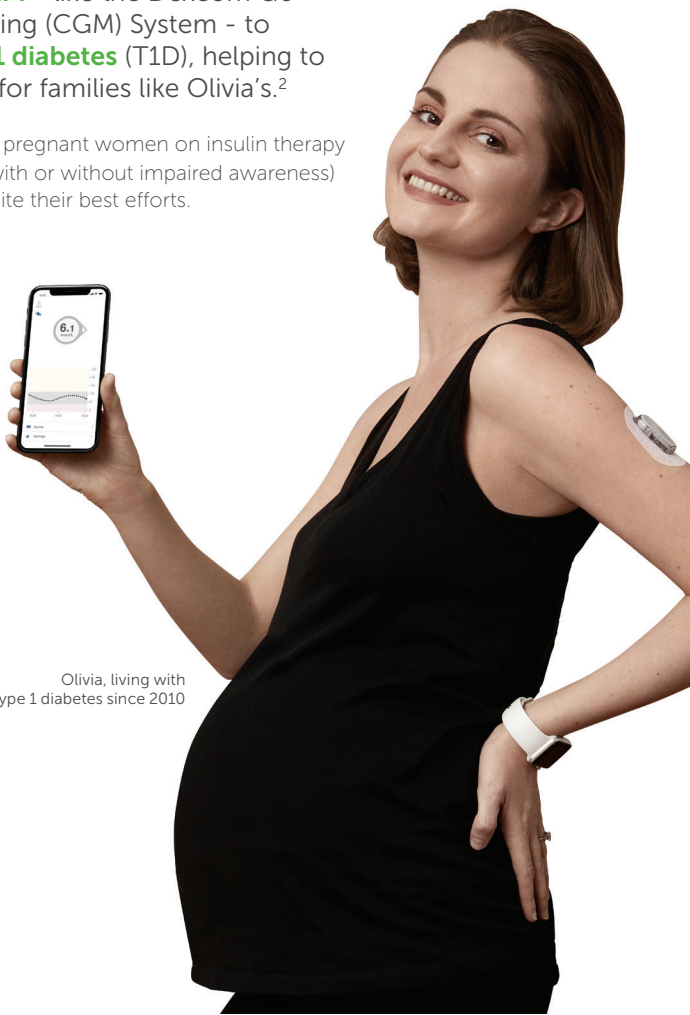
NICE³ also recommends CGM for all pregnant women on insulin therapy if they have severe hypoglycaemia (with or without impaired awareness) or have poor glycaemic control despite their best efforts.

Find out how Dexcom G6 CGM can support your patients when it matters most at dexcom.com/ukipregnancy



Olivia, living with type 1 diabetes since 2010

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HELP IMPROVE NEONATAL OUTCOMES AND SUPPORT YOUR PATIENTS WHEN IT MATTERS MOST

Tight glycaemic control is especially important when your patient is growing her family. A recent study of pregnant women with type 1 diabetes (T1D) found that CGM improves maternal glycaemic control.² Between time in range (TIR), average sensor glucose, and coefficient of variation, TIR was found to be the best CGM indicator for neonatal outcomes.⁴ Increased TIR during the second and third trimesters of pregnancy is associated with decreased risk of large-for-gestational-age (LGA) infants, neonatal hypoglycemia, and neonatal intensive care unit (NICU) admissions:⁵

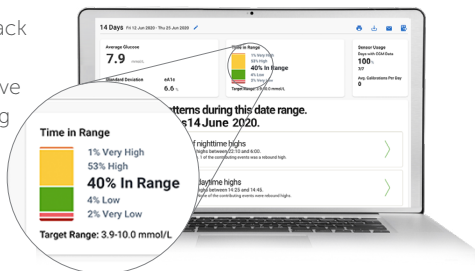
EMPOWER YOUR PATIENTS WITH DEXCOM G6

Studies in non-pregnant adults with diabetes have shown that Dexcom CGM use helps increase TIR, decrease HbA1c, and decrease hypoglycemia.^{6,7} Features of G6 may be particularly useful to pregnant women.

- ✓ Real-time glucose data, straight to their smart device!
- ✓ Customisable alerts to help warn patients of high or low glucose levels.
- ✓ The Urgent Low Soon alert can provide an up to 20-minute advanced warning of hypoglycaemia ≤ 3.1 mmol/L.
- ✓ The Dexcom Follow App can help widen your patient's support network by allowing them to share their data with up to 5 followers!
- ✓ All with zero fingersticks* or scanning required.
- ✓ Resistance to paracetamol interference.^{8,9}

DEXCOM GIVES YOU CLARITY

Dexcom CLARITY provides you with the tools to keep track of your patient's CGM trends, time in range and eA1C. TIR thresholds can be customised per patient, helping give you insights for more informed consultations and helping them better manage their diabetes.



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*If your glucose alerts and readings from the Dexcom G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions. †For a list of compatible smart devices, please visit www.dexcom.com/compatibility. ‡Internet connectivity required for data sharing. Following requires the use of the Follow App. Followers should always confirm readings on the Dexcom G6 App or Receiver before making treatment decisions. §When taking up to a maximum dose of 1,000 mg paracetamol every six hours. Taking a higher dose may affect the G6 readings. 1 NHS. The NHS Long Term Plan. Available from: <https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/> [Last accessed Feb 2021]. 2 Feig DS, et al. Lancet. 2017;390:2347-59. 3 NICE. Diabetes in pregnancy: management from preconception to the postnatal period. Available from: <https://www.nice.org.uk/guidance/ng9> [Last accessed Feb 2021]. 4 Meek CL, et al. Diabetes. 2019;68(Supplement 1):1407-P. 5 Murphy HR. Diabetologia. 2019;62(7):1123-8. 6 Beck RW, et al. JAMA. 2017;317(4):371-8. 7 Welsh JB, et al. Diabetes Technol Ther. 2019;21(3):128-32. 8 Calhoun P, et al. J Diabetes Sci Technol. 2018;12(2):393-6. Dexcom, Dexcom Follow, Dexcom Clarity and Dexcom G6 are registered trademarks of Dexcom, Inc. in the U.S., and may be registered in other countries. © 2020 Dexcom Inc. All rights reserved. Dexcom, International, Ltd. and its affiliated European entities. 1 Tanfield, Suite 6, Level 1 Tanfield, Edinburgh EH3 5DA. LBL018679 Rev002.